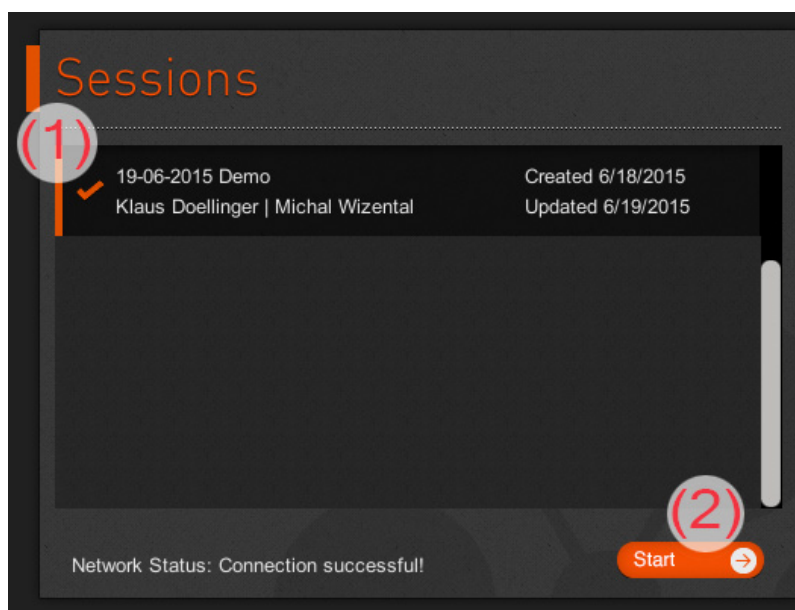


Quick start with ProReal

Steps to open the ProReal session:

- You will receive the email from the ProReal system today. This will be the request for you to register your account in the ProReal system. Please follow the email instructions. If this email does not reach Your mailbox today please check your junk mail folder – sometimes it may be redirected right there ☹
- Please make sure that your internet connection is at least 2Mb/s download & upload speed – for comfortable work. You can check your connection speed by using this link here: <http://www.speedtest.net/>.
- Then, please click on this link to the ProReal application: <https://hub.proreal.co.uk/app/>
When you are logging for the first time you will be asked to install **Unity Web Player Plugin**. It is recommend to use **Internet Explorer/Firefox web browser** on PC or **Safari** with the Mac. (Chrome is not supported) Please install this plugin (follow the instructions from the screen) and allow this plugin the access to the www.proreal.co.uk page.
- If the session was set up for you by the counsellor you can start using it. For logging to the application use your email and password, then on the Session Screen mark the session (1) and press the start button (2):



In case of any technical problems with this please contact me directly at: gtcox@gtccounselling.co.uk